

# Mastering Biomechanics

A comprehensive course that teaches practitioners how to successfully integrate foot & ankle bracing, foot orthotics, & DME in their treatment plans

A continuing medical education seminar presented by the New York College of Podiatric Medicine

Mesa, AZ | April 14<sup>th</sup>

Long Island, NY | May 12<sup>th</sup>



Learn how to effectively manage orthopedic patients more comprehensively by understanding advanced biomechanical assessment, foot and ankle bracing, and foot orthotics. The program will combine workshop and lecture formats and include a full discussion on trip and fall prevention protocols, practice management solutions, billing, coding and compliance

## Session Goals & Objectives

8<sup>30</sup> - 9<sup>00</sup> Determining the DME Potential in Your Practice

9<sup>00</sup> - 10<sup>15</sup> Orthopedic Assessment

- ▶ Biomechanical evaluations
  - Basic review of mechanical influence on the lower extremities
  - Super structure evaluations: Looking at the whole body in order to determine underlying etiologies

10<sup>30</sup> - 11<sup>15</sup> Custom Foot Orthotics Review

- ▶ Proper patient selection and assessment
- ▶ Prescription writing — matching the right orthotic to the right patient

11<sup>15</sup> - 12<sup>15</sup> Ankle Foot Orthoses

- ▶ Clinical indications
- ▶ Patient assessment
- ▶ Prescription writing

1<sup>15</sup> - 2<sup>45</sup>

### A Practical Biomechanical Evaluation

- ▶ This is an interactive program to assist the clinical practitioner in doing a comprehensive and thorough examination of the musculoskeletal system of the lower extremity. It will include:
  - Systematic approach to evaluate a patient's: joint range of motion (both weight bearing and non weight bearing), muscle strength, muscle flexibility, and postural alignment
- ▶ Relate the significance of the findings to the patient's chief complaint

3<sup>00</sup> - 4<sup>00</sup>

### How to Start a Fall Prevention Program

- ▶ Fall risk assessment
- ▶ Introducing the Moore Balance Brace
- ▶ How to make the program work in care facilities

4<sup>00</sup> - 4<sup>45</sup>

### Integrating a Comprehensive DME Program Into a Podiatric Practice

- ▶ Overcoming integration hurdles
- ▶ DME product review
- ▶ In-office dispensing product review

4<sup>45</sup> - 5<sup>30</sup>

### Coding, Billing & Compliance

- ▶ A thorough review of Medicare DME Supplier Standards
- ▶ DME documentation requirements for patient charts
- ▶ Medical necessity requirements
- ▶ Proper coding for DME
- ▶ Accounts receivable management

# Our Distinguished Faculty



## Dr. Justin Wernick DPM

Dr. Justin Wernick is a noted international expert in the field of human walking. He has practiced podiatric medicine for 50 years. Dr. Wernick has dedicated his life to the ongoing education of other medical practitioners in the field of walking. Dr. Wernick is a diplomat in the American Board of Podiatric Orthopedics and Primary Medicine and a professor in the Department of Orthopedic Sciences at the New York College of Podiatric Medicine.

## Dr. Jonathan Moore DPM, Creator of Moore Balance Brace

Dr. Jonathan Moore received his Doctor of Podiatric Medicine degree from the California College of Podiatric Medicine. He is widely published on numerous foot and ankle related topics and serves on multiple professional boards. In addition to his practice and educational efforts, Dr. Moore also designed and developed the Moore Balance Brace, an innovative custom AFO that helps elderly patients maintain balance and prevent trips & falls. Dr. Moore currently lectures across the USA and internationally on a host of topics including Practice Management, Diabetes, Wound Care, and Fall Prevention & Balance.



## Dr. Kim Ross DC, PhD, MS

Dr. Kim Ross received his PhD in biomechanics from the University of Waterloo in 2003 under the supervision of Dr. S. McGill. Dr. Ross graduated in 1987 from the Canadian Memorial Chiropractic College (CMCC). Since 1988 he has been teaching chiropractic skills and body biomechanics at CMCC and currently holds the title of associate professor. Dr. Ross has lectured in over 50 cities across the globe on foot and body biomechanics.

## Jason Kraus Executive Vice President of Langer Biomechanics

Jason Kraus has held executive management positions in the healthcare industry for 30 years. Currently, he is Executive Vice President of Langer Biomechanics. Before rejoining Langer, Jason was a partner in the practice consulting firm SOS Healthcare Management Solutions, LLC and Executive Vice President of Realm Labs. He recently served as Chairman of the Corporate Advisory Board of the American Podiatric Student Medical Association, Trustee of the Board of Directors of the American Academy of Podiatric Practice Management and Co-chairman of the Corporate Partners Board of the American Academy of Podiatric Practice.



## Hoda Henein President & CEO of Active Management

Hoda Henein is President and CEO of Active Management, a practice management consulting and billing company, specializing in revenue enhancement for many practice specialists. Hoda is a billing management professional and has over 16 years experience in the medical and billing field, focusing on DME and general podiatry billing. She is also a Fellow, Speaker and Billing & Coding Advisor for the American Academy of Podiatric Practice Management, and currently lectures nationwide.

6.75 CME'S

Continuing medical education credits are provided by the New York College of Podiatric Medicine, and approved by the Council on Podiatric Medical Education as a sponsor of Continuing Medical Education